



AVERA/HANSON SUMMER SPORTS TRAINING PROGRAM 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00-8:15a Weight Lifting	Craig Lasley Caleb Hernes Isabelle Riggs Jacy Waldera Elizabeth Arend Hanna Robinson Peyton Schroeder (+)		Craig Lasley Caleb Hernes Isabelle Riggs Jacy Waldera Elizabeth Arend Hanna Robinson Peyton Schroeder (+)		Craig Lasley Caleb Hernes Isabelle Riggs Jacy Waldera Elizabeth Arend Hanna Robinson Peyton Schroeder (+)
8:15a-9:30a Acceleration	Jada Tuttle Morgan Huber Gavin Doyle Jacob Doyle Isaac Tuschen Hadley Wallace Hayden Wallace Jackson Jarding Hayden Schroeder Taylor Schroeder Erin DeWald Ashlynn Jarding Peighten Wallace Emma Riggs	Basketball Academy 8:45a-9:45a June 5, 12, 19, 26 & Wednesday, June 28 Grades 2 & 3	Jada Tuttle Morgan Huber Gavin Doyle Jacob Doyle Isaac Tuschen Hadley Wallace Hayden Wallace Jackson Jarding Hayden Schroeder Taylor Schroeder Erin DeWald Ashlynn Jarding Peighten Wallace Emma Riggs		Jada Tuttle Morgan Huber Gavin Doyle Jacob Doyle Isaac Tuschen Hadley Wallace Hayden Wallace Jackson Jarding Hayden Schroeder Taylor Schroeder Erin DeWald Ashlynn Jarding Peighten Wallace Emma Riggs
9:30a-10:45a Weight Lifting	Reggie Slaba Carter Henglefeld Hayden Bahmuller Andrea Thelen Shelby Hernandez Simon Weber Casey Haynes Caden Haiar	Basketball Academy 9:45a-10:45a June 5, 12, 19, 26 & Wednesday, June 28 Grades 4 & 5	Pentagon VB Skills Camp June 13, 20, July 11, 18, 25 10:45a – 12:15p Grade 6– 8 **Possibly will be cancelled/changed as at this time there are not enough signed up**	Reggie Slaba Carter Henglefeld Hayden Bahmuller Andrea Thelen Shelby Hernandez Simon Weber Casey Haynes Caden Haiar	Reggie Slaba Carter Henglefeld Hayden Bahmuller Andrea Thelen Shelby Hernandez Simon Weber Casey Haynes Caden Haiar
10:45a-12:00p Acceleration	Noah Price Kade Waldera Jayden Kayser Keenan Waldera Garrett Moschell Riley Haynes Ethan Cheeseman Isayah Price Brock Tuttle Lawson Sapp Talan Weber Stephanie Aulner Olivia Kayser	Boys Basketball Open Gym Grades 8-10		Noah Price Kade Waldera Jayden Kayser Keenan Waldera Garrett Moschell Riley Haynes Ethan Cheeseman Isayah Price Brock Tuttle Lawson Sapp Talan Weber Stephanie Aulner Olivia Kayser	Noah Price Kade Waldera Jayden Kayser Keenan Waldera Garrett Moschell Riley Haynes Ethan Cheeseman Isayah Price Brock Tuttle Lawson Sapp Talan Weber Stephanie Aulner Olivia Kayser

*HS VB League 5:30-8p June 12 – July 24

*HS BBB League @
Parkston

*HS GBB League @ Pentagon

Acceleration/Weight Lifting Sessions

If you have a (+) behind your number you have signed up for the **Acceleration add on**.
To begin this portion, you must
Contact Scott Houwman at 995-2445 to set up.

ALL sessions begin June 5th
ALL sessions will end August 4th
NO Sessions week of July 4th

**6th-12th Basketball Skills
(Mr. Payer)
See separate schedule**